

WARNING Please, read, this effects your rights

We did our research to let you know what options you might have when it comes to discomfort and pain management or pain relievers as far as it concerns electrology. Now you need to do yours to find out what is working for you.

These drugs are helping to some people and may not work for others because all of us are unique and different from each other. That's why you need to do your homework to find out which fits your personal needs.

We do not take any responsibilities for your experiments. You need to do your own experimenting to find out what is working for you. Your doctor can also, give you good advice or even a prescription. We had clients who came in the office with already completely numbed chicks by his own physician.

You are doing it it your own risk.

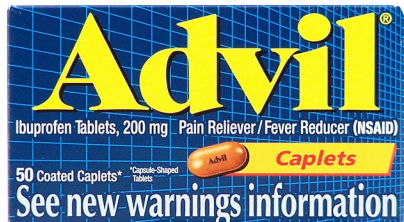
HAIRBUSTED
PERMANENT ELECTROLOGY LLC

**EXPERIMENT
TO SEE
WHAT WORKS
FOR YOU**

SUGGESTIONS FOR OVER THE COUNTER PAINKILLERS

Here are some tips and tricks for sensitive body areas.

Some people find **Tylenol** or **Advil** extremely helpful to reduce the pain. You can take them at the same time or separately 1 hour before the treatment.



Acetaminophen is synonym of **Tylenol** is not anti-inflammatory but it is used to release pain of ulcers and other stomach problems.

You can crush the Tylenol and Advil and mix it with any kind of lotion that you have at home and apply to area 1 hour earlier. Cover it with plastic.

Aspirin is anti-inflammatory medicine but it also take away swelling and reduces pain.

Ibuprofen is another name for **Advil** and **Motrin** s an NSAID (non-steroidal anti-inflammatory drug) that is commonly used for the relief of symptoms of arthritis, fever, primary dysmenorrhea (menstrual pains), and as an analgesic (a medication given to reduce pain without resulting in loss of consciousness).

Naproxen another names are **Anaprox**, **Naprelan**, **Naprosyn**, **Aleve**, **Mediproxen** is anti-inflammatory as well and is used to reduce the muscle pain after working out.

It works by reducing hormones that cause inflammation and pain in the body. **Naproxen** is used to treat pain or inflammation caused by conditions such as arthritis, ankylosing spondylitis, tendinitis, bursitis, gout, or menstrual cramps.

NOTE: All these drugs are over the counter drugs and they might be able to assist you with your electrolysis treatments.



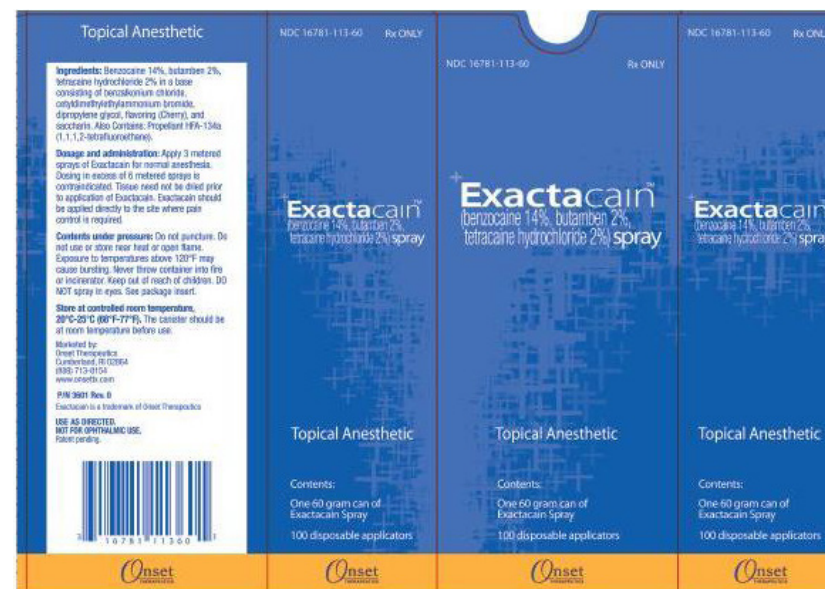
All these medication contain Acetaminophen which is same as Advil and you can experiment by adding one of these on the cream mix described n the left.

DRUGS THAT CONTAIN "CAINE"

There are many over the counter drugs, sprays and creams that contain benzocaine which is successful for some people: **Anbesol**, **Boil Ease**, **Cepacol Sore Throat**, **Cetacaine**, **Dermoplast**, **Exactacain**, **Hurricane**, **Lanacane**, **Orabase with Benzocaine**, and **Skeeter Stik**.

Below are the images of products. They all contain benzocaine.







Amongst the others you might also want to try **Dr.Numb**. Different solutions work for different people.

Any over the counter cream for burns or sunburns might be able to ease the pain. Creams and gels like **Solarcime**, **Banana Boat**, and **Water-Jel Burn** might work for you if you apply them on the skin an hour before electrolysis appointment.



Orajel 20% is successfully used in dentistry and it is over the counter drug that might help you to ease your discomfort.

NOTE: every "caine" ending medication is stronger if the percentage is higher. For example 20% is stronger than 5% one.

Americaine comes in spray and cream. They both are 20% which is very strong. You can give these a try. I've seen people who are successfully using these in electrolysis treatments. Americaine cream is for hemorrhoidal treatments and it is helpful to manage your discomfort.



Numbing cream **Super Numb** contains 5% Lidocaine and it might work for you yet, as we mentioned everything with "caine" in it works well on mucus membranes like mouth and intestines or injections but it may not work as well on the skin. I've seen people who were using it and it worked for them. You'll never know until you try it!

HOMEOPATHY AND PAIN KILLERS

There are lots of interesting remedies in alternative medicine that work well as pain killer or reducer.

FAMILY OF "FREEZERS"

Fast Freeze comes as spray, cream and roll-on and is used for pain management in injuries, muscle or joint pain.



Freeze It is another way to cool down your skin which helps nerve endings "relax" and not feel the discomfort.

Biofreeze and **Max Freeze** come as spray, roll-on and cream. They are working pretty much the same as **FastFreeze**.



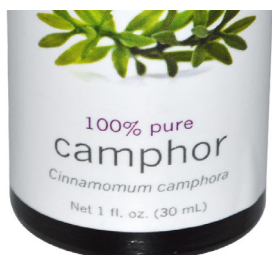
Traumeel reduces pain, inflammation, swelling, and oozing. This drug is not researched yet but kickboxers are using it a lot for their bruises and injuries. The drug is the combination of Arnica and few other herbal remedies. Traumeel has little or no side effects.



T-Relief is produced by Traumeel as well and used same way as other products: reduces pain, inflammation, swelling, and oozing.

Arnica has been around as pain killer in homeopathy and proved itself very effective.





Camphor Oil creates the tingling sensation on the skin and confusing the nerve endings resulting less discomfort when used in electrology.

Tea Tree Oil cools down the skin as almost like Peppermint Oil and this action is confusing the nerve endings.



Peppermint and Spearmint have the similar cooling effect on the skin as it has Tea Tree Oil. They are confusing the nerve endings and making the electrolysis easy on the skin.

Gold Bond lotions are cooling down the skin and even though they are not exactly the homeopathic lotions but they have interesting effect on the skin. Experimenting will let you know whether they are working for you.



Icy Hot products contain Menthol which acts similar to the Peppermint/ Spearmint oil. It creates cooling effect on the skin and nerve endings are not responding to the pain as much as they supposed to, in other words, they get confused and as a result we have the benefit of less discomfort.

ARTHRITIS PAIN KILLERS

There are number of pain relievers for arthritis and sore muscles. They penetrate the skin and reach the pain source. You can also, try these because they help people with arthritis and it's worth to try.

Here is the list of some arthritis pain relievers. There are more and we could not possible search all of those. Meanwhile t his list is a good place to start.



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Arthritis Pain Relief Cream

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100% Natural Active Ingredients

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Pain Relief Cream

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Glucosamine sulfate 3 mg/g, Shark cartilage 20 mg/g.

FAST ACTING • Non Greasy • Will Not Stain Clothes • Fresh Pleasant Scent

EXCLUSIVE **FUSOME[®]** SKIN DELIVERY SYSTEM

Temporary relief of arthritic pain - Help reduce joint inflammation associated with arthritis. - Help increase joint mobility associated with arthritis. (Results may vary from person to person)
Clinically tested in Australia and Proven to Help Relieve Arthritis Pain FAST!

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deep penetrating
Pain Relief Creme

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MOSQUITO OR INSECT BITE PAIN KILLERS

In summer we all get bitten by mosquitoes and not many people know that there are lots of over the counter mosquito bite creams. These creams get into our skin and calm down the itching and pain. By experimenting with these you might find out that they work for you. Because we all are so different we would not know what works until we try. Below is the list of mosquito bite creams.

